

| Rang | Name | Netto | min/km |
|------|--------------------|----------|--------|
| 1 | Tomaschitz Helga | 01:08:10 | 06:49 |
| 2 | Oberluggauer Anita | 01:25:32 | 08:33 |
| 3 | Wahonig Ilse | 01:49:00 | 10:54 |

| Rang | Name | Netto | min/km |
|------|----------------------|----------|--------|
| 1 | Wallner Johannes | 00:56:49 | 05:41 |
| 2 | Flunger Peter | 00:58:44 | 05:52 |
| 3 | Pichorner Herfried | 00:59:42 | 05:58 |
| 4 | Oberluggauer Bernd | 01:04:31 | 06:27 |
| 5 | Schily Hannes | 01:04:31 | 06:27 |
| 6 | Vaschauner Thomas | 01:06:33 | 06:39 |
| 7 | Angerer Martin | 01:06:47 | 06:41 |
| 8 | Weidmann Wolfgang | 01:07:31 | 06:45 |
| 9 | Blasge Johann | 01:10:22 | 07:02 |
| 10 | Oberluggauer Ewald | 01:15:49 | 07:35 |
| 11 | Thaler Hans | 01:21:26 | 08:09 |
| 12 | Schrempf Hermann | 01:21:35 | 08:10 |
| 13 | Lederer Hermann | 01:25:32 | 08:33 |
| 14 | Tritscher Franz | 01:31:05 | 09:07 |
| 15 | Graft Ernst | 01:31:06 | 09:07 |
| 16 | Fasching Marcus | 01:45:02 | 10:30 |
| 17 | Stiednig Arnold | 01:46:01 | 10:36 |
| 18 | Grebtschitscher Sepp | 02:12:42 | 13:16 |