

| Rang | Name | Jg. | Verein/Ort | Netto | min/km |
|------|--------------------|-----|------------------------------|----------|--------|
| 1 | Dissauer Susanne | 57 | Dinos Laufftreff | 00:44:24 | 04:56 |
| 2 | Lengl Margareta | 71 | ATSV Nurmi Ternitz | 00:44:57 | 05:00 |
| 3 | Ritter Petra | 75 | TRI Team Bucklige Welt | 00:47:07 | 05:14 |
| 4 | Fahrner Judith | 83 | | 00:48:35 | 05:24 |
| 5 | Scholz Anita | 72 | | 00:49:04 | 05:27 |
| 6 | Kögler Brigitte | 60 | ATSV Nurmi Ternitz | 00:49:58 | 05:33 |
| 7 | Tremmel Christine | 58 | Dinos Laufftreff | 00:58:17 | 06:29 |
| 8 | Michalitz Isabella | 61 | HSV Marathon Wiener Neustadt | 01:03:06 | 07:01 |

| Rang | Name | Jg. | Verein/Ort | Netto | min/km |
|------|--------------------|-----|-----------------------------------|----------|--------|
| 1 | Rathgeb Reinhard | 72 | ATSV Nurmi Ternitz | 00:32:46 | 03:38 |
| 2 | Salomon Roman | 72 | LC Tausendfüssler Erlach | 00:33:15 | 03:42 |
| 3 | Ferstl Ewald | 67 | | 00:33:42 | 03:45 |
| 4 | Schmidt Christoph | 95 | Crazy Krebsler Runners | 00:36:20 | 04:02 |
| 5 | Kornfeld Robert | 77 | Wiesmath | 00:36:34 | 04:04 |
| 6 | Riegler Johann | 63 | SU Edlitz Thomasberg Grimmenstein | 00:36:43 | 04:05 |
| 7 | Ritter Markus | 72 | TRI Team Bucklige Welt | 00:36:46 | 04:05 |
| 8 | Kocis Andreas | 80 | UTTB | 00:37:03 | 04:07 |
| 9 | Kluwik Franz | 66 | Krumbach | 00:37:06 | 04:07 |
| 10 | Kürner Franz | 64 | Payerbach | 00:38:26 | 04:16 |
| 11 | Müller Markus | 65 | | 00:38:27 | 04:16 |
| 12 | Tyraj Daniel | 95 | SC HOWODO-BROMBERG | 00:38:51 | 04:19 |
| 13 | Spanraft Patrick | 86 | ASKÖ Föllig Hoppers | 00:39:01 | 04:20 |
| 14 | Rennhofer Johannes | 65 | Lauftreff Howodo | 00:39:37 | 04:24 |
| 15 | Taschner Gerhard | 76 | | 00:40:17 | 04:29 |
| 16 | Ogner Erwin | 42 | LC Tausendfüssler Erlach | 00:40:24 | 04:29 |
| 17 | Affengruber Rene | 73 | | 00:42:15 | 04:42 |
| 18 | Schabauer Ernst | 54 | | 00:42:19 | 04:42 |
| 19 | Karner Jürgen | 77 | Lauftreff Howodo | 00:42:47 | 04:45 |
| 20 | Roschitz Martin | 76 | | 00:43:25 | 04:49 |
| 21 | Petkovic Sascha | 74 | ATSV Nurmi Ternitz | 00:44:11 | 04:55 |
| 22 | Riss Ernst | 79 | | 00:44:18 | 04:55 |
| 23 | Blecha Michael | 53 | LMB | 00:44:53 | 04:59 |
| 24 | Ponweiser Edi | 62 | Lauftreff Howodo | 00:46:20 | 05:09 |
| 25 | Geissler Josef | 59 | HSV Marathon Wiener Neustadt | 00:48:35 | 05:24 |
| 26 | Gruber Franz | 86 | TV Howodo | 00:50:25 | 05:36 |
| 27 | Korzil Thomas | 69 | Lauftreff Howodo | 00:50:29 | 05:37 |
| 28 | Kögler Peter | 55 | ATSV Nurmi Ternitz | 00:52:48 | 05:52 |
| 29 | Ponweiser Franz | 57 | Lauftreff Howodo | 00:53:17 | 05:55 |

| Rang | Name | Jg. | Verein/Ort | Netto | min/km |
|------|----------------------------|-----|------------------------------|----------|--------|
| 1 | Swoboda Anna | 98 | TRI Runners Baden | 00:19:11 | 04:16 |
| 2 | Eckner Orsolya | 86 | HSV Marathon Wiener Neustadt | 00:19:27 | 04:19 |
| 3 | Wolfram Lotte | 97 | Lanzenkirchner Laufftreff | 00:19:53 | 04:25 |
| 4 | Eidler Patricia | 96 | Dinos Laufftreff | 00:20:11 | 04:29 |
| 5 | Vorder-Winkler Petra | 73 | LC Tausendfüssler Erlach | 00:23:01 | 05:07 |
| 6 | Seethaler Brigitte | 72 | Sautern | 00:23:21 | 05:11 |
| 7 | Rigler Christina | 80 | BBB-Team Felixdorf | 00:23:33 | 05:14 |
| 8 | Schilling Iris | 98 | HSV Marathon Wiener Neustadt | 00:23:54 | 05:19 |
| 9 | Fuchs Elisabeth | 60 | ATSV Nurmi Ternitz | 00:24:08 | 05:22 |
| 10 | Szeli Barbara | 80 | HSV Marathon Wiener Neustadt | 00:26:19 | 05:51 |
| 11 | Hofleitner-Bartmann Judith | 92 | Wiesmath | 00:26:24 | 05:52 |

| Rang | Name | Jg. | Verein/Ort | Netto | min/km |
|------|---------------------|-----|------------------------------------|----------|--------|
| 1 | Blecha Matthias | 97 | Lmb | 00:15:44 | 03:30 |
| 2 | Lackner Hans-Walter | 89 | LMB | 00:15:52 | 03:32 |
| 3 | Tschank Gerald | 69 | LC Tausendfüssler Erlach | 00:16:09 | 03:35 |
| 4 | Rösler Andreas | 90 | ATSV Nurmi Ternitz | 00:16:11 | 03:36 |
| 5 | Fuchs Hartwig | 68 | Club Danube | 00:16:32 | 03:40 |
| 6 | Trummer Karl | 66 | LC Wienerwaldsee | 00:16:34 | 03:41 |
| 7 | Schwarz Manfred | 80 | | 00:16:58 | 03:46 |
| 8 | Buchebner Roman | 69 | | 00:17:07 | 03:48 |
| 9 | Riegler Fabian | 97 | SU - Edlitz Thomaberg Grimmenstein | 00:17:18 | 03:51 |
| 10 | Pendl Stefan | 68 | LMB | 00:17:36 | 03:55 |
| 11 | Kreuzeder Alexander | 70 | LC Wienerwaldsee | 00:19:00 | 04:13 |
| 12 | Eckner Johannes | 81 | HSV Marathon Wiener Neustadt | 00:19:06 | 04:15 |
| 13 | Herbst Gerald | 70 | | 00:19:10 | 04:16 |
| 14 | Leeb Herbert | 72 | | 00:19:22 | 04:18 |
| 15 | Steiner Elmar | 76 | | 00:19:26 | 04:19 |
| 16 | Horvath Eduard | 61 | LC Tausendfüssler | 00:19:35 | 04:21 |
| 17 | Sebo Werner | 67 | HSV Marathon Wiener Neustadt | 00:19:46 | 04:24 |
| 18 | Herrklotz Christian | 68 | LCSV Großpetersdorf | 00:20:11 | 04:29 |
| 19 | Urbanek Walter | 59 | Uttb | 00:20:47 | 04:37 |
| 20 | Ponweiser Gerhard | 74 | | 00:22:03 | 04:54 |
| 21 | Resch Franz | 52 | BBB-Team Felixdorf | 00:23:03 | 05:07 |
| 22 | Karlich Sascha | 69 | HSV Marathon Wiener Neustadt | 00:25:00 | 05:33 |

| Rang | Name | Jg. | Verein/Ort | Netto | min/km |
|------|--------------------|-----|---------------------|----------|--------|
| 1 | Renner Bernadette | 82 | AUT | 00:39:16 | 06:08 |
| 2 | Kögler Brigitte | 60 | Atsv Nurmi Ternitz | 00:41:40 | 06:31 |
| 3 | Strobl Margareta | 65 | AUT | 00:43:36 | 06:49 |
| 4 | Ofenböck Manuela | 66 | HSV M. Wr. Neustadt | 00:43:56 | 06:52 |
| 5 | Michalitz Isabella | 61 | HSV M. Wr. Neustadt | 00:46:33 | 07:16 |

| Rang | Name | Jg. | Verein/Ort | Netto | min/km |
|------|------------------|-----|---------------------|----------|--------|
| 1 | Pucher Wolfgang | 74 | HSV M. Wr. Neustadt | 00:24:51 | 03:53 |
| 2 | Kornfeld Robert | 77 | Wiesmath | 00:27:49 | 04:21 |
| 3 | Kluwik Franz | 66 | Krumbach | 00:28:22 | 04:26 |
| 4 | Schwarz Manfred | 80 | AUT | 00:28:53 | 04:31 |
| 5 | Szabo Zoltan | 77 | ATS Pinkafeld | 00:30:03 | 04:42 |
| 6 | Taschner Gerhard | 76 | AUT | 00:30:46 | 04:48 |
| 7 | Kabinger Robert | 89 | Lauftreff Howodo | 00:31:34 | 04:56 |
| 8 | Kornberger Franz | 67 | AUT | 00:31:48 | 04:58 |
| 9 | Faubel Harald | 70 | AUT | 00:33:12 | 05:11 |
| 10 | Tik Rene | 61 | AUT | 00:33:46 | 05:17 |
| 11 | Ponweiser Eduard | 62 | Lauftreff Howodo | 00:34:51 | 05:27 |
| 12 | Resch Markus | 79 | Bbb-team-felixdorf | 00:35:12 | 05:30 |
| 13 | Riss Ernst | 79 | AUT | 00:36:07 | 05:39 |
| 14 | Wagner Christian | 76 | Eiffelbaum | 00:36:34 | 05:43 |
| 15 | Geissler Josef | 59 | HSV Wiener Neustadt | 00:38:22 | 06:00 |
| 16 | Korzil Thomas | 69 | Lauftreff Howodo | 00:38:29 | 06:01 |
| 17 | Ponweiser Franz | 57 | Lauftreff Howodo | 00:39:55 | 06:14 |
| 18 | Kögler Peter | 55 | Atsv Nurmi Ternitz | 00:42:21 | 06:37 |
| 19 | Novosel Mario | 63 | AUT | 00:43:28 | 06:48 |
| 20 | Katzgraber Hans | 63 | Zenitalastron. Büro | 00:59:17 | 09:16 |