

| Rang | Name | Jg. | Verein/Ort | Netto | min/km |
|------|--------------------|-----|-----------------------|----------|--------|
| 1 | Exenberger Sabrina | 92 | WaveTriTeam TS Wörgl | 00:24:32 | 04:20 |
| 2 | Knapp Andrea | 71 | LG Decker Itter | 00:24:48 | 04:23 |
| 3 | Haas Melanie | 94 | ATSV Innsbruck | 00:25:39 | 04:32 |
| 4 | Gretschnig Julia | 92 | BLT SV Raika Volders | 00:25:51 | 04:34 |
| 5 | Kohler Karin | 62 | LG Decker Itter | 00:27:44 | 04:54 |
| 6 | Gretschnig Melanie | 89 | BLT SV Raika Volders | 00:28:32 | 05:02 |
| 7 | Hecher Roswita | 60 | LG Decker Itter | 00:28:32 | 05:02 |
| 8 | Pochlin Karina | 79 | Hopfgarten | 00:28:46 | 05:05 |
| 9 | Kurtenacker Sabine | 79 | TSV München Ost | 00:29:00 | 05:07 |
| 10 | Gogl Sarah | 89 | LG Pletzer Hopfgarten | 00:30:23 | 05:22 |
| 11 | Mairer Claudia | 64 | TV Wattens | 00:33:16 | 05:53 |
| 12 | Maier Edith | 46 | TV Wattens | 00:34:18 | 06:04 |

| Rang | Name | Jg. | Verein/Ort | Netto | min/km |
|------|---------------------|-----|---------------------------|----------|--------|
| 1 | Horvath Bela | 76 | Kirchberg | 00:29:14 | 03:27 |
| 2 | Fahringer Thomas | 65 | LG Decker Itter | 00:29:16 | 03:27 |
| 3 | Fritz Josef | 83 | Happy Fitness 24h | 00:29:35 | 03:29 |
| 4 | Hütter Mario | 94 | LG Decker Itter | 00:29:39 | 03:30 |
| 5 | Schiechtl Matthias | 83 | Happy Fitness 24h | 00:29:59 | 03:32 |
| 6 | Schwaiger Robert | 79 | Nußdorf | 00:30:01 | 03:32 |
| 7 | Holzeisen Stefan | 82 | Tri-X-Kufstein | 00:30:25 | 03:35 |
| 8 | Gschwendtner Markus | 93 | SCLT Breitenbach | 00:30:27 | 03:35 |
| 9 | Meyer Hans-Peter | 75 | LSV 1990 Kitzbühel | 00:30:29 | 03:35 |
| 10 | Farbmacher Thomas | 86 | LG Pletzer Hopfgarten | 00:30:37 | 03:36 |
| 11 | Kammerlander Tobias | 86 | LG Decker Itter | 00:30:41 | 03:37 |
| 12 | Süß Lukas | 94 | ITSG-Running | 00:30:56 | 03:39 |
| 13 | Koller Florian | 91 | SCLT Breitenbach | 00:31:08 | 03:40 |
| 14 | Holz knecht Peter | 73 | Happy Fitness 24h | 00:31:40 | 03:44 |
| 15 | Friedl Richard | 76 | SCLT Breitenbach | 00:31:55 | 03:46 |
| 16 | Aschaber Christoph | 91 | LSV 1990 Kitzbühel | 00:32:14 | 03:48 |
| 17 | Eamonn Dwane | 80 | | 00:32:33 | 03:50 |
| 18 | Doyle Paul | 87 | Metasports | 00:32:54 | 03:53 |
| 19 | Fallunger Hannes | 78 | SCLT Breitenbach | 00:33:04 | 03:54 |
| 20 | Ehrlenbach Stephan | 87 | LG Pletzer Hopfgarten | 00:33:05 | 03:54 |
| 21 | Gräbert Carsten | 72 | WSV Brannenburg | 00:33:32 | 03:57 |
| 22 | Schuler Andy | 87 | HS-Mediadesign | 00:34:31 | 04:04 |
| 23 | Kellerer Stefan | 75 | LG Stadtwerke München | 00:34:48 | 04:06 |
| 24 | Vaschauner Thomas | 67 | LSV 1990 Kitzbühel | 00:35:03 | 04:08 |
| 25 | Zangerl Robin | 73 | LT Physio Lechner Jenbach | 00:35:08 | 04:08 |
| 26 | Ritter Herwig | 67 | SV Kitzsport | 00:35:12 | 04:09 |
| 27 | Flaim Tony | 61 | ACV Eppan | 00:35:17 | 04:09 |
| 28 | Gosch Adrian | 74 | Oberndorf | 00:35:43 | 04:12 |
| 29 | Seiringer Manfred | 64 | Team Egger | 00:35:52 | 04:13 |
| 30 | Praschberger Thomas | 78 | URC Stöger Ebbs | 00:35:57 | 04:14 |
| 31 | Ritter Georg | 66 | Team Egger | 00:36:01 | 04:15 |
| 32 | Scharmer Markus | 73 | Tour de Tirol Runners | 00:36:45 | 04:20 |
| 33 | Fuchs Wolfgang | 75 | Tri Kitzbühel | 00:36:57 | 04:21 |
| 34 | Gredler Thomas | 72 | Kirchberg | 00:37:29 | 04:25 |
| 35 | Bichler Martin | 62 | WSV Kirchdorf | 00:37:37 | 04:26 |
| 36 | Köck Andreas | 68 | Team Egger | 00:38:11 | 04:30 |
| 37 | Riedl Helmut | 61 | Lans | 00:38:37 | 04:33 |
| 38 | Wallner Markus | 82 | BLT SV Raika Volders | 00:39:16 | 04:38 |
| 39 | Freisinger Michael | 76 | Tri-X-Kufstein | 00:39:21 | 04:38 |
| 40 | Themel Lukas | 78 | Aurach | 00:39:22 | 04:38 |
| 41 | Schöllner Raimund | 62 | LG Decker Itter | 00:39:43 | 04:41 |
| 42 | Marx Alexander | 84 | HSC Vögelsberg | 00:39:55 | 04:42 |
| 43 | Lausermayer David | 77 | LT Stubaital | 00:41:03 | 04:50 |
| 44 | Mairer Walter | 60 | TV Wattens | 00:41:15 | 04:52 |
| 45 | Poplawski Oskar | 91 | BLT SV Raika Volders | 00:42:18 | 04:59 |
| 46 | Hrnecek Ronald | 71 | LG Decker Itter | 00:42:33 | 05:01 |
| 47 | Blaha Henrik | 93 | TV Wattens | 00:43:01 | 05:04 |
| 48 | Nimmervoll Günter | 66 | Kitzbühel | 00:43:17 | 05:06 |
| 49 | Hecher Josef | 60 | LG Decker Itter | 00:43:36 | 05:08 |

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|------------------------|---------------|----------|-------|
| 50 Steinlechner Thomas | 81 TV Wattens | 00:45:01 | 05:18 |
| 51 Pohl Christian | 65 TV Wattens | 00:50:29 | 05:57 |