

| Rang | Name | Jg. | Verein/Ort | Netto | min/km |
|------|--------------------|-----|-----------------------------|----------|--------|
| 1 | Frei Maria | 65 | Xtrim ASKÖ Zeltweg | 01:22:52 | 08:07 |
| 2 | Merl Magdalena | 91 | | 01:28:33 | 08:41 |
| 3 | Sieber Christina | 83 | | 01:31:47 | 09:00 |
| 4 | Bunderla Michaela | 75 | TEAM Erzberg 2013 | 01:34:40 | 09:17 |
| 5 | Muller Nina | 91 | | 01:35:48 | 09:24 |
| 6 | Thaller Ursula | 75 | TEAM Erzberg 2013 | 01:36:10 | 09:26 |
| 7 | Mayr Ivonne | 87 | | 01:37:19 | 09:32 |
| 8 | Thanner Christine | 83 | Uniqa | 01:37:57 | 09:36 |
| 9 | Kwiaton Marta | 84 | | 01:38:12 | 09:38 |
| 10 | Gruber Gundi | 66 | | 01:40:44 | 09:53 |
| 11 | Tiefengraber Erika | 65 | Kolland-Topsport Asics Gaal | 01:41:14 | 09:55 |
| 12 | Pretol Karla | 71 | LAC Wolfsberg | 01:41:28 | 09:57 |
| 13 | Ponner Verena | 80 | | 01:41:35 | 09:58 |
| 14 | Polanz Karin | 80 | | 01:42:27 | 10:03 |
| 15 | Grolig Dorothea | 51 | Team2012 | 01:46:14 | 10:25 |
| 16 | Huber Kathi | 68 | LC- Altis | 01:48:54 | 10:41 |
| 17 | Grabner Monika | 63 | Sporting Chocolate | 01:49:19 | 10:43 |
| 18 | Paier Eva | 53 | SCU-Mürzsteg | 01:52:31 | 11:02 |
| 19 | Moitzi Luise | 51 | ATUS RB Judenburg | 01:53:53 | 11:10 |
| 20 | Zechner Theresia | 45 | Kolland Topsport ASICS Gaal | 01:54:11 | 11:12 |
| 21 | Höfle Angelika | 83 | | 01:57:51 | 11:33 |



| Rang | Name | Jg. | Verein/Ort | Netto | min/km |
|------|----------------------|-----|------------------------------|----------|--------|
| 1 | Mock Jürgen | 78 | Kolland Topsport ASICS Gaal | 01:01:12 | 06:00 |
| 2 | Tockner Andreas | 85 | Salomon Running Team/TUS Sch | 01:03:48 | 06:15 |
| 3 | Heit Manfred | 66 | ATUS Knittelfeld | 01:05:52 | 06:27 |
| 4 | Bruggraber Christian | 77 | TEAM Erzberg 2013 | 01:06:34 | 06:32 |
| 5 | Sturm Andreas | 79 | Kolland Topsport Asics Gaal | 01:10:07 | 06:52 |
| 6 | Selmeister Klaus | 70 | LCA Hochschwab | 01:10:42 | 06:56 |
| 7 | Dietmair Josef | 70 | X-Trim Zeltweg | 01:12:27 | 07:06 |
| 8 | Gutsche Christoph | 83 | LG St. Paul | 01:14:00 | 07:15 |
| 9 | Berger Wolfgang | 75 | | 01:14:18 | 07:17 |
| 10 | Gugl Josef | 58 | | 01:14:19 | 07:17 |
| 11 | Hirt Mario | 76 | RC TRI Ran Weiz | 01:14:45 | 07:20 |
| 12 | Schaffernak Günter | 70 | FC-Donald | 01:14:53 | 07:20 |
| 13 | Wiltsche Wolfgang | 76 | LG St. Paul | 01:14:57 | 07:21 |
| 14 | Eisl Wolfgang | 84 | LG St. Wolfgang | 01:15:13 | 07:22 |
| 15 | Platzer Peter | 77 | TUS Kainach | 01:15:14 | 07:23 |
| 16 | Schleicher Robert | 87 | TEAM Erzberg 2013 | 01:15:22 | 07:23 |
| 17 | Obermaier Martin | 69 | | 01:16:09 | 07:28 |
| 18 | Tockner Helmut | 63 | LCA Hochschwab | 01:16:39 | 07:31 |
| 19 | Unterweger Mario | 77 | HSV Zeltweg | 01:16:44 | 07:31 |
| 20 | Fessl Hubert | 65 | SC Obdach | 01:17:24 | 07:35 |
| 21 | Papst Matthias | 73 | LC Bergesruh | 01:18:23 | 07:41 |
| 22 | Wolfberger Kurt | 53 | ATUS Raika Judenburg | 01:18:43 | 07:43 |
| 23 | Dirnberger Robert | 73 | Fitpoint Running Team | 01:18:49 | 07:44 |
| 24 | Klinger Christian | 67 | HRC Jaritzberg | 01:19:03 | 07:45 |
| 25 | Hussauf Wolfgang | 75 | ATUS Knittelfeld | 01:19:12 | 07:46 |
| 26 | Mairamhof Robert | 69 | | 01:19:15 | 07:46 |
| 27 | Kohlbacher Günter | 73 | Sporting Chocolate | 01:19:17 | 07:46 |
| 28 | Haslinger Hansjörg | 65 | SV Zaunergroup Wallern | 01:19:30 | 07:48 |
| 29 | Wiacek Marek | 62 | Artresan Active | 01:20:04 | 07:51 |
| 30 | Konrad Markus | 91 | 2 Lustigen 3 | 01:20:06 | 07:51 |
| 31 | Reinisch Erich | 91 | 2 Lustigen 3 | 01:20:49 | 07:55 |
| 32 | Brisberger Rolf | 57 | | 01:21:03 | 07:57 |
| 33 | Steinkellner Markus | 84 | SC-St. Georgen | 01:21:05 | 07:57 |
| 34 | Troger Otto | 64 | SV St. Sebastian | 01:21:25 | 07:59 |
| 35 | Gärtner Lukas | 81 | | 01:21:34 | 08:00 |
| 36 | Weidmann Wolfgang | 64 | | 01:21:47 | 08:01 |
| 37 | Wiltschi Robert | 76 | SU TRI STYRIA | 01:22:04 | 08:03 |
| 38 | Ofner Josef | 56 | NF- St Veit Gölsen | 01:22:24 | 08:05 |
| 39 | Kohler Jürgen | 78 | | 01:22:37 | 08:06 |
| 40 | Kopp Arnold | 68 | LT-Techelsberg | 01:23:08 | 08:09 |
| 41 | Leitner Hannes | 75 | Xtrim ASKÖ Zeltweg | 01:23:18 | 08:10 |
| 42 | Ziesler Gerhard | 73 | Happy Lauf Anger | 01:23:20 | 08:10 |
| 43 | Kluwik Franz | 66 | | 01:23:32 | 08:11 |
| 44 | Pudgar Alfred | 54 | Alpenv. Wolfsberg | 01:24:28 | 08:17 |
| 45 | Wesolowski Maciej | 82 | Piast Wroclaw | 01:24:36 | 08:18 |
| 46 | Schreibmaier Mario | 76 | Sporting Chocolate | 01:24:53 | 08:19 |
| 47 | Großhammer Johann | 68 | | 01:25:01 | 08:20 |
| 48 | Dendl Roman | 68 | TEAM Erzberg 2013 | 01:25:40 | 08:24 |
| 49 | Aldrian Heinz | 69 | | 01:26:50 | 08:31 |
| 50 | Käfer Herbert | 55 | ÖAV Göstling/Ybbs | 01:26:55 | 08:31 |
| 51 | Eder Gerald | 70 | HSV-Tüpl-S | 01:27:00 | 08:32 |
| 52 | Resedaritz Andreas | 69 | LCA Hochschwab | 01:27:17 | 08:33 |
| 53 | Bürscher Manfred | 62 | Weinitzen | 01:27:26 | 08:34 |
| 54 | Ofner Werner | 76 | | 01:28:00 | 08:38 |
| 55 | Thaller Robert | 67 | X-Trim Zeltweg | 01:28:04 | 08:38 |
| 56 | Karner-Rezek Klaus | 65 | | 01:28:07 | 08:38 |
| 57 | Nagyváthy János | 64 | | 01:28:21 | 08:40 |
| 58 | Huber Harald | 70 | LAC-Wolfsberg | 01:28:25 | 08:40 |
| 59 | Kuchler Bernd | 72 | Sporting Chocolate | 01:28:29 | 08:40 |
| 60 | Allmer Markus | 78 | Happy Lauf Anger | 01:28:54 | 08:43 |
| 61 | Bauer Stefan | 87 | SC Obdach | 01:29:25 | 08:46 |
| 62 | Mahn Jakob | 84 | | 01:29:30 | 08:46 |
| 63 | Hochfellner Willi | 51 | Topsport Kolland Asics Gaal | 01:29:58 | 08:49 |

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|-----|-------------------------|----|---------------------------|----------|-------|
| 64 | Koppendorfer Alfred | 63 | | 01:30:04 | 08:50 |
| 65 | Quinz Christian | 72 | KSF- Gym Leoben | 01:30:07 | 08:50 |
| 66 | Kettner Heinz | 75 | Stahl Judenburg | 01:30:15 | 08:51 |
| 67 | Sieber Gernot | 75 | | 01:30:16 | 08:51 |
| 68 | Schnakl Harald | 66 | LaufHarryLauf | 01:30:59 | 08:55 |
| 69 | Obersteiner Otto | 66 | LC-Altis Krappfeld | 01:31:07 | 08:56 |
| 70 | Frühwirth Karl | 58 | | 01:31:07 | 08:56 |
| 71 | Möstl Friedrich | 45 | TUS-Kainach | 01:31:31 | 08:58 |
| 72 | Haring Heribert | 55 | ÖGB/AK-Betriebssport | 01:31:59 | 09:01 |
| 73 | Knauseder Wolfgang | 66 | | 01:32:10 | 09:02 |
| 74 | Raab Karl | 77 | LC- Altis | 01:32:23 | 09:03 |
| 75 | Pateter Erich | 71 | LCA- Hochschwab | 01:32:30 | 09:04 |
| 76 | Tiefengraber Karl-Heinz | 43 | SCU-Mürzsteg | 01:32:35 | 09:05 |
| 77 | Moser Peter | 64 | | 01:32:36 | 09:05 |
| 78 | Gruber Michael | 65 | | 01:33:07 | 09:08 |
| 79 | Reiter Johann | 50 | SC Obdach | 01:33:28 | 09:10 |
| 80 | Kraxner Erwin | 72 | | 01:34:49 | 09:18 |
| 81 | Unterweger Robert | 76 | | 01:35:28 | 09:22 |
| 82 | Prinz Marcel | 85 | | 01:35:40 | 09:23 |
| 83 | Grabmer Klaus | 69 | | 01:36:18 | 09:26 |
| 84 | Zöhrtom | 72 | SV Breitling | 01:36:29 | 09:28 |
| 85 | Hedrich Harald | 61 | | 01:36:45 | 09:29 |
| 86 | Krinzinger Lukas | 97 | SC Obdach | 01:37:07 | 09:31 |
| 87 | Ehretreiber Gerhard | 70 | SV Breitling | 01:38:04 | 09:37 |
| 88 | Hoffelner Harald | 58 | Sporting Chocolate | 01:39:29 | 09:45 |
| 89 | Birnstingl Christian | 82 | | 01:40:26 | 09:51 |
| 90 | Pichler Helmut | 76 | SC Obdach | 01:41:29 | 09:57 |
| 91 | Pirker Peter | 81 | SU TRI STYRIA | 01:41:37 | 09:58 |
| 92 | Robanser Paul | 69 | LC Bergesruh | 01:44:18 | 10:14 |
| 93 | Darabos Patrick Björn | 88 | TEAM Bernhard Kohl | 01:48:17 | 10:37 |
| 94 | Laggner Lukas | 96 | SC Obdach | 01:48:37 | 10:39 |
| 95 | Silewinaz Karl | 48 | ASK Ortner Loosdorf | 01:48:55 | 10:41 |
| 96 | Sommergruber Wolfgang | 53 | LC- Wienerwaldsee | 01:49:28 | 10:44 |
| 97 | Nolz Günther | 48 | UNION Traismauer | 01:51:37 | 10:57 |
| 98 | Klampfl Helmut | 80 | | 01:53:04 | 11:05 |
| 99 | Hollensteiner Gernot | 82 | | 01:53:09 | 11:06 |
| 100 | Paul Herbert | 65 | SC Obdach | 01:56:08 | 11:23 |
| 101 | Heindl Franz | 51 | | 01:57:39 | 11:32 |
| 102 | Petscharnig Heimo | 68 | LC- Altis | 02:00:23 | 11:48 |
| 103 | Triebel Erich | 54 | 1. FC-Donald St. Ruprecht | 02:00:53 | 11:51 |
| 104 | Ruttner Oswald | 46 | | 02:01:07 | 11:52 |
| 105 | Pateter Daniel | 96 | LCA- Hochschwab | 02:02:21 | 12:00 |
| 106 | Triebel Armin | 97 | 1. FC-Donald St. Ruprecht | 02:02:21 | 12:00 |
| 107 | Szabö Pal | 46 | | 02:08:58 | 12:39 |
| 108 | Graft Ernst | 43 | ATV Liesing | 02:14:56 | 13:14 |
| 109 | Eder Hermann | 33 | UNION Schenkenfeld | 02:19:50 | 13:43 |
| 110 | Bojer Siegfried | 39 | | 02:22:09 | 13:56 |